



Shop Barbados

Barbados Is Life



The first of its kind for Barbados, this catalogue features over 200 products and represents a dedicated effort to promote Barbadian products across a wide range of industries.

This catalogue will continue to evolve as new export products are developed, fueled by the island’s strong culture of pride and industry.

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Export Barbados is the Certifying Authority for all Trade Agreements except for ACP-EU Economic Partnership Agreement (EPA) which is certified by The Barbados Customs and Excise Department. These are nine agreements under which exports are certified:

- The Caribbean Community and Common Market (CARICOM)
- The Caribbean Basin Economic Recovery Act (CBERA) through the Caribbean Basin Initiative (CBI).
- CARICOM/Venezuela
- CARICOM/Colombia
- CARICOM/Dominican Republic
- The Commonwealth Caribbean and Canada (CARIBCAN)
- Generalized System of Preferences (15 countries plus EEC) – GSP
- CARICOM/Cuba
- CARICOM/Costa Rica

These agreements represent a combined market of over 3 billion consumers, signifying the strong trade position of Barbadian products and the potential for economic growth.





Barbados is Life

“Barbados is Life” represents a commitment to sustainability, adaptability, growth, renewable energy, innovation and social responsibility, where having a good quality of life, safety, health and wellbeing are paramount.



Table of Contents

6

LIFESTYLE

- Herbs and Spices
- Seasonings
- Condiments
- Fruit juices
- Packaged Snacks
- Baked Goods
- Frozen Foods
- Dairy Products

Catalogue Legend

- Vegan
- Natural
- Organic
- Non-GMO

90

HEALTH & WELLNESS

- Air Fresheners
- Disinfectant Sprays
- Medicine
- Hand Sanitiser
- Insecticides
- Hair Care Products
- Skin Care Products

- Green Energy
- Sustainable
- Cruelty Free
- Fair Trade Certified

120

LUXURY

- Alcoholic Beverages

- Eco Friendly
- Palm Oil Free
- Paraben Free
- 100% Recycled Materials

138

DIRECTORY

- Carbon Neutral
- Chemical Free
- Biodegradable Packaging
- Bpa Free

LIFESTYLE

Herbs and Spices

Seasonings

Condiments

Fruit Juices

Packaged Snacks

Baked Goods

Frozen Foods

Dairy Products





SUPERB BLEND

1 SUPERB BLEND SPICY MANGO CHUTNEY

Sweet and a little spicy, this yummy chutney will level up your favourite wraps, sandwiches, curries and salads.

Size: 6 Fl oz. 190 ML.

SUPERB BLEND

2 SUPERB BLEND ZESTY ONION RELISH

This sweet and zesty onion condiment will add lots of flavour to grilled meats, cold cuts, sandwiches and more.

Size: 6 Fl oz. 190 ML.

SUPERB BLEND

3 SUPERB BLEND GINGER PEPPER JELLY

This delicious pepper preserve is made with a taste-bud worthy blend of pepper, sugar and ginger. A must-have for glazing pork dishes and ham. Perfect for your cheese and charcuterie boards.

Size: 6 Fl oz. 190 ML.



SUPERB BLEND

1 SUPERB BLEND TAMARIND SAUCE

Tangy tamarinds are blended with sugar and spices to make this sauce extra nice. Perfect as a dip for fried foods like samosas or traditional Caribbean delicacies like bakes and saltfish.

Size: 5 Fl oz. 142 ML.

SUPERB BLEND

2 SUPERB BLEND TROPICAL MANGO SAUCE

Add the flavour of the tropics to your meals. Use it to add zest to salads or as a glaze on chicken or other meats to enhance your cooking.

Size: 5 Fl oz. 142 ML.

SUPERB BLEND

3 SUPERB BLEND EXOTIC CURRY SAUCE

This delicious blend of ginger, tamarind and mango creates a versatile sauce that's perfect for dipping or adding more zest to vegetables and white rice.

Size: 5 Fl oz. 142 ML.



SUPERB BLEND

SUPERB BLEND GREAT CAKE MIX

Christmas in a jar! Enjoy your favourite Bajan Christmas fruit cake without the hassle. This mix contains minced fruit, spices and alcohol. Just bake and enjoy.

Sizes: 3 LBS. | 16 oz.



SUPERB BLEND

SUPERB BLEND SALT-FREE SEASONING

A versatile multipurpose blend of herbs and spices that adds incredible flavour to any dish. This salt-free seasoning will make the perfect pantry addition.

Size: 7 oz.



SUPERB BLEND

SUPERB BLEND EXOTIC POULTRY SEASONING

The quick and easy way to make delicious chicken dishes. Add this to any recipe that needs seasoning and spice for an exotic flavour.

Size: 7 oz.



1

SUPERB BLEND

1 SUPERB BLEND KAISO HERBAL BLEND SALT-FREE

Salt-free but full of feeling! Make music in your mouth when you add this Kaiso Herbal Blend to your casseroles, soups, stews and gravies.

Size: 56 g

2



SUPERB BLEND

2 SUPERB BLEND RAGGA-SOCA PORK

This fun and savoury seasoning is just one of twelve blends inspired by Bajan music. Taste the rhythm of the island in every bite when you add this Superb Blend mix to your favourite pork dishes.

Size: 85 g

3



SUPERB BLEND

3 SUPERB BLEND RING-A-BANG CHICKEN

This fun and savoury seasoning is just one of twelve blends inspired by Bajan music. Your taste buds will dance when they experience the magic of Ring-a-Bang chicken.

Size: 85 g

4



SUPERB BLEND

4 SUPERB BLEND SOCA CAJUN SEASONING

Salty, sweet and smoky flavours hit all the right notes with this Cajun seasoning. It is delicious on fish, chicken and many more. Get yours today.

Size: 85 g



SUPERB BLEND

1 SUPERB BLEND NO PEPPER BAJAN SEASONING

This aromatic herb blend is ideal for flavouring meats and enhancing the taste of stuffings and casseroles without peppery heat.

Size: 9 Fl oz. 252 g.

SUPERB BLEND

2 SUPERB BLEND MILD BAJAN SEASONING

This powerhouse of blended herbs is a kitchen staple in the Caribbean. Use it to create enticing tropical flavours with fish, chicken or meat.

Size: 9 Fl oz. 252 g.

SUPERB BLEND

3 SUPERB BLEND PREMIUM BAJAN SEASONING

Premium herb mix made with Barbadian-grown herbs and peppers and flavoured to perfection with a special fusion of spices.

Size: 9 Fl oz. 252 g.



SUPERB BLEND

1 SUPERB BLEND HOT PEPPER SAUCE

A traditional Bajan condiment perfect for spicing up baked or fried meat and french fries. It can also be added to marinades and sauces for a spicy kick.

Size: 28 oz. 750 ML.

SUPERB BLEND

2 SUPERB BLEND RED HOT PEPPER SAUCE

Add zesty heat to your favourite soups, salads, dips and sandwiches with this flavourful sauce.

Size: 142 ML.

SUPERB BLEND

3 SUPERB BLEND HOT PEPPER SAUCE

This travel-sized bottle of a traditional Bajan condiment is perfect for spicing up baked or fried meat and french fries. It can also be added to marinades and sauces for a spicy kick.

Size: 142 ML.

C & G STAR TRADING LTD

1 MILD BAJAN SEASONING

Flavour to the bone! This delicious herbal seasoning brings big taste to your meals with just a little bit of heat.

Size: 10 Fl oz. 280 g.

C & G STAR TRADING LTD

2 HOT BAJAN SEASONING

For those who want a bit more heat, this hot Bajan seasoning will take your cooking to the next level. Perfect for meats, fish and chicken whether you bake, grill, fry or stew them.

Size: 10 Fl oz. 280 g.

C & G STAR TRADING LTD

3 JERK SEASONING

An appetising blend of herbs and spices delivers a jerk flavour that will add a delicious Caribbean flavour to your favourite meals. Try it on meat, fish and chicken!

Size: 10 Fl oz. 280 g.



C & G STAR TRADING LTD

1 GUAVA JELLY

Barbadian-made guava jelly that's perfect for sandwiches, dips and anything else you want to add a tropical twist to.

Size: 10 Fl oz. 280 g.

C & G STAR TRADING LTD

2 BAJAN PEPPER SAUCE

This tasty blend of vinegar, scotch bonnet peppers and spices will quickly elevate any of your favourite meals or marinades. Try adding it to your dipping sauces for a spicy boost.

Size: 28 oz. 750 ML.





1



2



3



WINDMILL

1 BAJAN KETCHUP

A Barbadian take on the red condiment the world has come to know and love. Add it to fries, meats and, of course, when baking your Barbadian macaroni pie.

Size: 12 oz. 375 ML.

WINDMILL

2 BARBADOS HOT PEPPER SAUCE

This hot pepper sauce recipe is over 100 years old and was passed down through four generations of family members. This spicy sauce will add a kick to your favourite soups, salads, sandwiches and more.

Size: 300 ML.

WINDMILL

3 OLD FASHIONED CORNED PEPPER SAUCE

The secret recipe for this Tabasco-style sauce is decades old. The finest quality hot peppers, vinegar, salt and garlic are the key ingredients to this delectable sauce.

Size: 300 ML.



1



2



3



OLD DUPPY PEPPER SAUCE

1 CHILLI PINEAPPLE



Sweet heat. Made with real wood smoked West Indian Red Hot Peppers and fresh pineapples. Pairs best with pork, chicken, fried foods or just on a spoon!

Size: 5 oz. 148 ML.

OLD DUPPY PEPPER SAUCE

2 FYAH POOCH



A perfect blend of smoked West Indian Red Hot peppers, Cayenne, and Carolina Reaper peppers, makes this sauce a must have for those searching for an extremely hot flavour kick!

Size: 5 oz. 148 ML.

OLD DUPPY PEPPER SAUCE

3 THE TRADITIONAL



Traditional style Barbados pepper sauce accentuated with real wood smoked West Indian Red Hot peppers. A perfect condiment for anything needing a smoky, spicy-mustard bite!

Size: 5 oz. 148 ML.



1



2



3

OLD DUPPY PEPPER SAUCE

1 PEPPER PUNCH



Smoky heat with a touch of sweetness. Made with intensely wood smoked West Indian Red Hot peppers, pineapple and infused with Chadon Beni for a unique, bold experience. A perfect pairing for red meats, making dips, or on some good old cheese and crackers.

Size: 9 Fl oz. 252 g.

OLD DUPPY PEPPER SAUCE

2 ZESTY JALAPENO



Citrus and herb blast. Made with fresh limes, wood smoked jalapenos and a blend of dill and organic chadon beni (culantro). Perfect for marinating and grilling chicken and fish.

Size: 9 Fl oz. 252 g.

OLD DUPPY PEPPER SAUCE

3 VEX VINEGAR



The perfect condiment for anything. This real wood smoke infused vinegar with chili and garlic will surely not disappoint. Scrambled eggs, baked chicken, fries, soups, salads, you name it Vex Vinegar goes on it.

Size: 9 Fl oz. 252 g.





COUNTRY KITCHEN

1 COUNTRY KITCHEN MIXED ESSENCE

An authentic Barbadian product that adds layers of flavour to your baked goods. Mixed essence is a combination of lemon and vanilla flavours.

Size: 4 oz. 120 ML.



COUNTRY KITCHEN

2 COUNTRY KITCHEN VANILLA ESSENCE

A pantry staple that's a welcome addition to baking, drink-making and many of your other meals.

Size: 4 oz. 120 ML.



COUNTRY KITCHEN

3 COUNTRY KITCHEN BAY LEAF ESSENCE

Add a whole lot of taste to your cooking and baking with just a dash of Country Kitchen Essences. Available in mixed, aniseed, nutmeg, bay leaf, almond and vanilla flavours.

Size: 4 oz. 120 ML.



COUNTRY KITCHEN

1 COUNTRY KITCHEN NUTMEG ESSENCE

Add a whole lot of taste to your cooking and baking with just a dash of Country Kitchen Essences. Available in mixed, aniseed, nutmeg, bay leaf, almond and vanilla flavours.

Size: 4 oz. 120 ML.

COUNTRY KITCHEN

2 COUNTRY KITCHEN ANISEED ESSENCE

Add a whole lot of taste to your cooking and baking with just a dash of Country Kitchen Essences. Available in mixed, aniseed, nutmeg, bay leaf, almond and vanilla flavours.

Size: 4 oz. 120 ML.

COUNTRY KITCHEN

3 COUNTRY KITCHEN ALMOND ESSENCE

Add a whole lot of taste to your cooking and baking with just a dash of Country Kitchen Essences. Available in mixed, aniseed, nutmeg, bay leaf, almond and vanilla flavours.

Size: 4 oz. 120 ML.



COUNTRY KITCHEN

4 COUNTRY KITCHEN MIXED ESSENCE

An authentic Barbadian product that adds layers of flavour to your baked goods. Mixed essence is a combination of lemon and vanilla flavours.

Size: 12 oz. 355 ML.

COUNTRY KITCHEN

5 COUNTRY KITCHEN VANILLA ESSENCE

A pantry staple that's a welcome addition to baking, drink-making and many of your other meals.

Size: 12 oz. 355 ML.

COUNTRY KITCHEN

6 COUNTRY KITCHEN BARBADOS BLACKSTRAP MOLASSES

The finest blackstrap molasses derived from sun-ripened cane grown in rich Barbadian soil. This natural sweetener is perfect for baking, cooking and flavouring your dishes.

Size: 12 oz. 355 ML.



1



CARMETA'S

1 BREADFRUIT FLOUR



Fresh breadfruit is hand-peeled and used to make this gluten-free flour. This starchy and tropical breadfruit flour is perfect for pancakes, smoothies and cooking.

Size: 454 g. NET WT.

2



CARMETA'S

2 CASSAVA FLOUR



Affordably priced and made exclusively with home-grown crops, Carmeta's cassava is hand-peeled and used to make this gluten-free flour. Perfect for all of your cooking and baking needs.

Size: 454 g. NET WT.

3



CARMETA'S

3 CASSAVA PANCAKE MIX

Carmeta's pancake mix delivers fluffy, golden gluten-free pancakes that will quickly become a family favourite. Made in Barbados.

Size: 454 g. NET WT.

1



CARMETA'S

1 SWEET POTATO FLOUR



Fresh breadfruit is hand-peeled and used to make this gluten-free flour. This starchy and tropical breadfruit flour is perfect for pancakes, smoothies and cooking.

Size: 454 g. NET WT.

CARMETA'S

2 CASSAVA GREAT CAKE

It's not a Caribbean Christmas without black cake. Delicious and ready-to-eat straight out of the box. Bring Christmas home with Carmeta's Cassava Great Cake.

Size: 650 g. NET WT.

2



1



O'S INC

1 BREADFRUIT FLOUR

This easy-to-use flour makes gluten-free cooking and baking a breeze. Nutrient rich and versatile, O's breadfruit flour will add a Bajan flair to all of your meals.

Size: 454 g. NET WT.

2



O'S INC

2 SWEET POTATO FLOUR

Great for your gluten-free cooking and baking needs. O's sweet potato flour is high in vitamins A and C and low on the glycemic index.

Size: 454 g. NET WT.

3



O'S INC

3 PLANTAIN FLOUR

Made from 100% unripe green plantains, this gluten-free flour makes a great substitute for wheat flour. Perfect for pancakes, roux and other dishes.

Size: 454 g. NET WT.

1



2



O'S INC

1 BREADFRUIT PANCAKE MIX

Make breakfast a breeze with this easy breadfruit pancake mix. This delicious gluten-free mix is made with love in Barbados. Also available in Cassava and Sweet Potato.

Size: 227 g. NET WT.

O'S INC

2 CASSAVA PANCAKE MIX

Lend a taste of the Caribbean to your regular morning meals. This pancake mix lets you whip up delicious golden pancakes in just minutes. Get yours now.

Size: 227 g. NET WT.

3



O'S INC

3 SWEET POTATO PANCAKE MIX

Serve up a Caribbean breakfast that everyone will love. Sweet potato pancakes are great as a side dish or on their own with syrup.

Size: 227 g. NET WT.



1

O'S INC

1 CASSAVA FLOUR

Versatile cassava flour has a slight sweetness that adds a tropical twist to your favourite gluten-free meals. Perfect for cooking and baking.

Size: 454 g. NET WT.

2



O'S INC

2 PLANTAIN PORRIDGE MIX

Plantain makes everything better! Try this savoury gluten-free plantain porridge mix for a guilt-free meal that's filling and nutritious.

Size: 300 g. NET WT.

O'S INC

3 CASSAVA DUMPLIN' MIX

No Bajan soup is complete without dumplings. Made with cassava flour and quality spices, this dumpling mix will let you create yummy dumplings in minutes.

Size: 227 g. NET WT.

3



4

O'S INC

4 BREADFRUIT FISHCAKE MIX

Want authentic Bajan fishcakes without gluten? O's breadfruit fishcake mix is the go-to dry mix for this local delicacy. Serve in a sandwich or on its own with a dip for a filling snack.

Size: 227 g. NET WT.

5

O'S INC

5 FRY & BAKE COATING

Whether you're frying fish, chicken or pork, this seasoned fry and bake coating will make it extra special. Gluten-free and made in Barbados.

Size: 227 g. NET WT.





FROSTEEZ ICE CREAM

1 COOKIES & CREAM

Smooth, creamy vanilla ice cream generously loaded with delicious chocolatey cookie pieces.

Size: 2 L. 67.6 Fl oz.



FROSTEEZ ICE CREAM

2 BELGIAN CHOCOLATE

An indulgent and velvety ice cream crafted with the highest quality Belgian Chocolate.

Size: 1 L. 33.8 Fl oz.



FROSTEEZ ICE CREAM

3 RUM & RAISIN

Specially designed rum flavoured ice cream loaded with raisins soaked in Barbados' own award-winning Mount Gay Rum.

Size: 1 Pint. 473 ML.



FROSTEEZ ICE CREAM

1 COOKIES & CREAM PREMIUM BAR

This easy-to-use flour makes gluten-free cooking and baking a breeze. Nutrient rich and versatile, O's breadfruit flour will add a Bajan flair to all of your meals.

Size: 454 g. NET WT.

FROSTEEZ ICE CREAM

2 BELGIAN CHOCOLATE PREMIUM BAR

Great for your gluten-free cooking and baking needs. O's sweet potato flour is high in vitamins A and C and low on the glycemic index.

Size: 454 g. NET WT.

FROSTEEZ ICE CREAM

3 VANILLA CHOCO ICE BAR

Made from 100% unripe green plantains, this gluten-free flour makes a great substitute for wheat flour. Perfect for pancakes, roux and other dishes.

Size: 81 ML.

FROSTEEZ ICE CREAM

1 BLUE RASPBERRY LOLLY

Kids will love the Blue Raspberry-flavoured lolly from Frosteez! This 81ml water ice lolly is the ultimate frozen treat for all ages!

Size: 81 ML.

FROSTEEZ ICE CREAM

2 CHERRY LOLLY

Our Frosteez Cherry-flavoured lolly is 81ml and just bursting with flavour! Everyone is guaranteed to enjoy this delicious thirst-quencher.

Size: 81 ML.

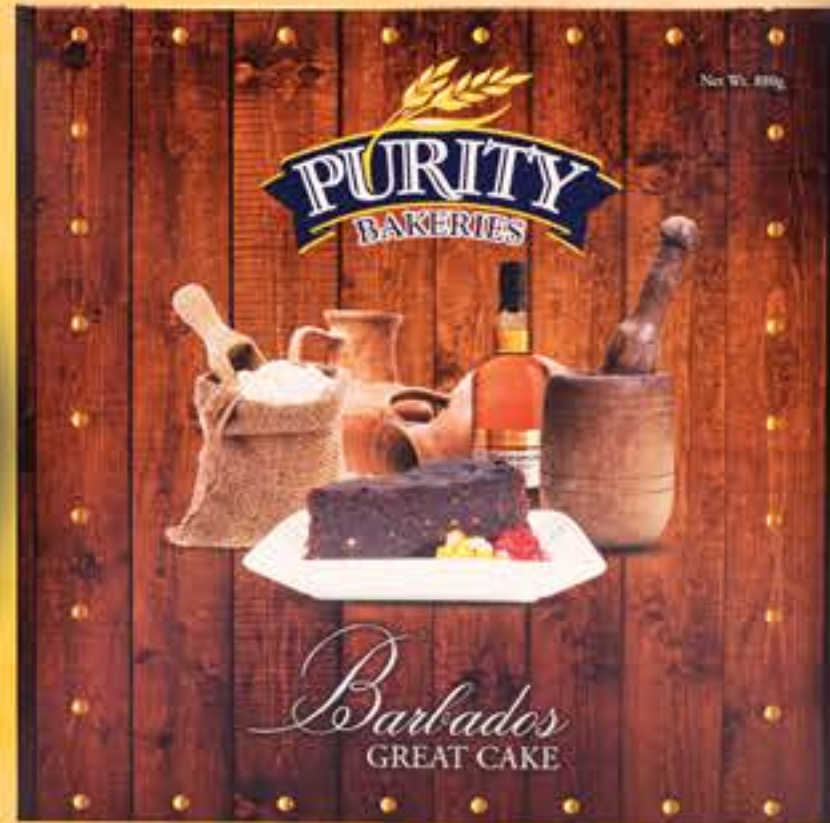


PURITY BAKERIES

BARBADOS GREAT CAKE

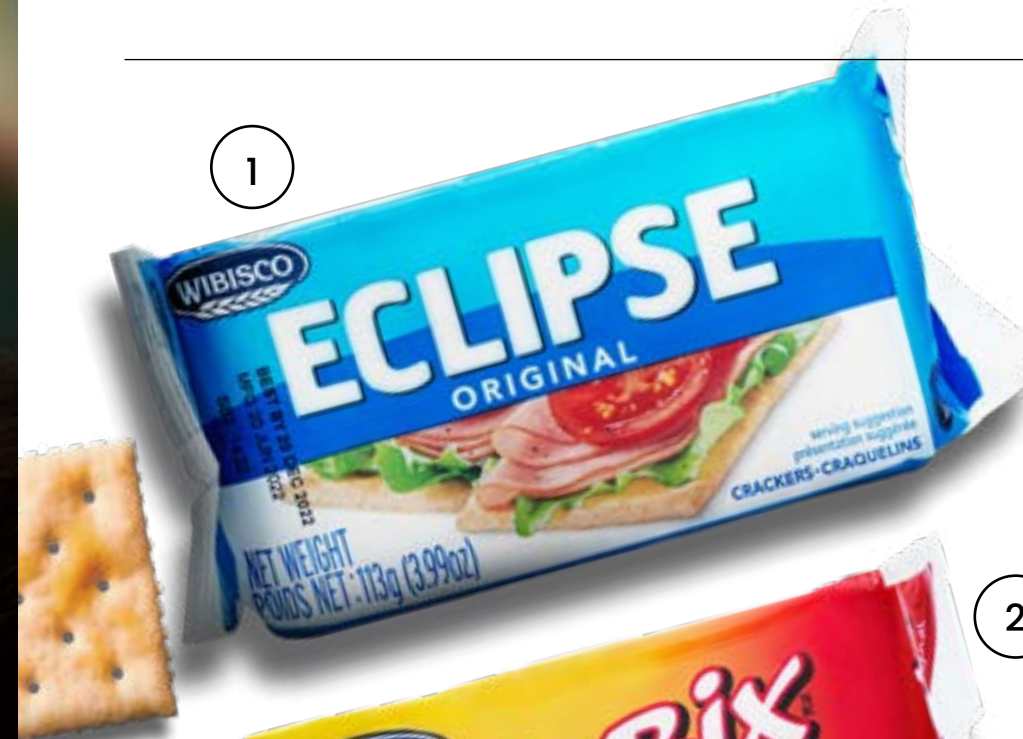
The taste you remember! Made with dried fruits, rum, sugar and spices, Barbados Great Cake is a must-have for the holiday season.

Size: 880 g. NET WT.





1



WIBISCO

1 ECLIPSE ORIGINAL CRACKERS

Eclipse is synonymous with crackers. A unique combination of firm texture and a crisp bite sets Eclipse apart from all other crackers. It is truly an island tradition.

Size: 3.99 oz. 113 g. NET WT.

2



WIBISCO

2 SODABIX ORIGINAL CRACKERS

SodaBix crackers are famous for full bodied flavour and a crisp delicious bite. A versatile cracker, anything and everything goes with SodaBix.

Size: 3.99 oz. 113 g. NET WT.

3



WIBISCO

3 SHIRLEY BISCUITS COCONUT

A dash of coconut adds a tropical twist to this Bajan treat. Shirley biscuits have a unique creamy taste that will make these one of your go-to snacks.

Size: 3.7 oz. 105 g. NET WT.



WIBISCO

1 SHIRLEY BISCUITS CHOCOLATE

Chocolatey goodness makes these snacks even more lovable. Baked with quality ingredients on the beautiful Caribbean island of Barbados.

Size: 3.7 oz. 105 g. NET WT.

2



WIBISCO

2 SHIRLEY BISCUITS GINGER

Spicy ginger notes add a fun surprise to the unique creamy taste of Shirley biscuits. Baked with quality ingredients on the beautiful Caribbean island of Barbados.

Size: 3.7 oz. 105 g. NET WT.

3



WIBISCO

3 SHIRLEY BISCUITS ORIGINAL

Featuring an iconic Bajan chattel house on every biscuit, original Shirley biscuits have been a household favourite for over 70 years. Enjoy a taste of Barbadian culture today.

Size: 3.7 oz. 105 g. NET WT.



WIBISCO

1 TEATIME BISCUITS VANILLA

Two crisp baked vanilla cookies and a layer of smooth vanilla cream filling create a sandwich with a delicious full-flavoured taste. When you are looking for a snack, a Tea Time is the perfect solution!

Size: 3.88 oz. 110 g. NET WT.

WIBISCO

2 TEATIME BISCUITS CHOCOLATE

A smooth, yummy vanilla filling covered with two crisp baked chocolate cookies is the perfect combination to create Tea Time Chocolate biscuits.

Size: 3.88 oz. 110 g. NET WT.

WIBISCO

3 TEATIME BISCUITS CHOCONILLA

The best of both worlds collide with Tea Time Choconilla. Two crisp baked vanilla cookies and a layer of smooth chocolate cream filling create a sandwich with a delicious full-flavoured taste.

Size: 3.88 oz. 110 g. NET WT.

WIBISCO

4 TEATIME BISCUITS DOUBLE CHOCOLATE

Two crisp baked chocolate cookies and a layer of smooth chocolate cream filling create a sandwich with a delicious full-flavoured taste.

Size: 3.88 oz. 110 g. NET WT.

Good Time Snacks



1

GOOD TIME SNACKS

1 BAR-B-QUE STIX

Game days, picnics and movie nights just got better. Bar-B-Que Stix are the crunchy, barbecue flavoured snacks that you've been waiting for.

Size: 20 g. NET WT.



2

GOOD TIME SNACKS

2 CHEESE TWIST

Crunchy and delicious cheese twists are cheese-covered strips that are ready-to-eat straight out of the bag. Made in Barbados.

Size: 40 g. NET WT.



3

GOOD TIME SNACKS

3 NACHO RINGS

These nacho-flavoured rings are great for snacking and parties. Just serve with your favourite dipping sauces for a fun and versatile snack.

Size: 28 g. NET WT.



1

GOOD TIME SNACKS

1 CARAMEL POPCORN

A little sweet and a little salty, this caramel popcorn is a quick and easy snack that's super satisfying. Great for hanging out while watching TV.

Size: 35 g. NET WT.



2

GOOD TIME SNACKS

2 SALTED POPCORN

Ready-to-eat popcorn straight out of the bag. Perfect for snacks, charcuterie boards and more.

Size: 18 g. NET WT.



3

GOOD TIME SNACKS

3 FRUITY POPCORN

Dripping with flavour and exploding with colour, Fruity Popcorn is a fun and exciting snack that people of all ages will love. Made in Barbados.

Size: 35 g. NET WT.

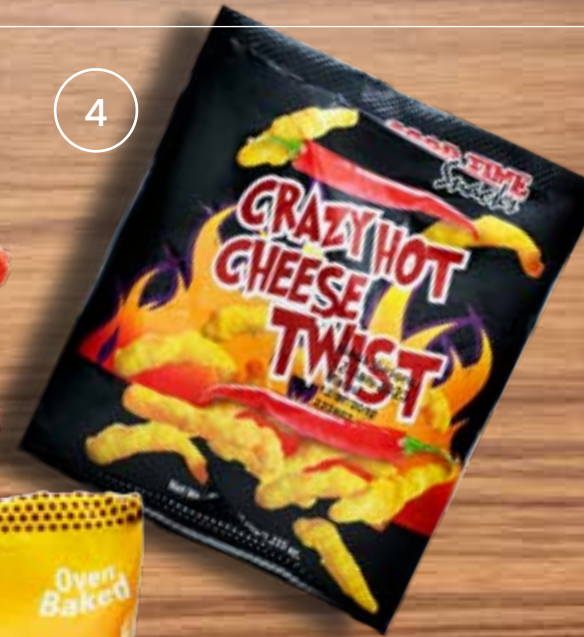
4

GOOD TIME SNACKS

4 CRAZY HOT CHEESE TWIST

A snack that's cheesy and spicy? Look no further. Crazy Hot Cheese Twists are a fun and convenient snack that's ideal for picnics, parties and more.

Size: 35 g. NET WT.



5

GOOD TIME SNACKS

5 SPICY HOT BALLS

Spicy but oh so good! Spicy Hot Balls are a fun and convenient snack for those who want a snack that packs a punch.

Size: 60 g. NET WT.



6

GOOD TIME SNACKS

6 CHEESE CURLS

These oven-baked cheese curls are covered in a yummy cheese coating. Loved by both kids and adults. Made in Barbados.

Size: 80 g. NET WT.



2



1



3



GOOD TIME SNACKS

1 CORN CURLS

Beloved by many for years, Corn Curls are a traditional Barbadian snack that filled many a lunchbox for decades. If you love a cheesy snack with a crunch, Corn Curls are for you.

Size: 21 g. NET WT.

GOOD TIME SNACKS

2 CHEESE TWIST

Want a delicious snack with a crunch? Cheese Twists are the perfect snack to munch on while watching TV or hanging out with friends and family.

Size: 190 g. NET WT.

GOOD TIME SNACKS

3 POPCORN SEEDS

Make popcorn your own way! Whether you want a crunchy oil-free snack or a decadent buttery treat, you can have it your way with Good Time Snacks' Popcorn Seeds.

Size: 1 Lb. NET WT.

1



GOOD TIME SNACKS

1 BLANCHED PEANUTS

Blanched peanuts are great for roasting, cooking or baking. Perfect for adding flavour and texture to curries, salads and many more.

Size: 1 Lb. NET WT.

GOOD TIME SNACKS

2 SALTED PEANUTS

Perfect for salads, cookies and all of your other baking needs. Good Times Snacks' Salted Peanuts are a kitchen must-have.

Size: 114 g. NET WT.

2



3



GOOD TIME SNACKS

3 UNSALTED PEANUTS

Unsalted peanuts are ideal for snacking, cooking or baking. Rich in protein and fibre.

Size: 114 g. NET WT.



2



GOOD TIME SNACKS

1 SALTED CASHEW NUTS

With zero cholesterol and tons of flavour, this snack is made with quality nuts in Barbados. Great for charcuterie boards, nut milk and snacks.

Size: 131 g. NET WT.

GOOD TIME SNACKS

2 HEALTHY FRUIT & NUT MIXED

These dried fruit and mixed nuts are a great way to enjoy healthy options on the go. No added salt or oil.

Size: 60 g. NET WT.

GOOD TIME SNACKS

3 HEALTHY FRUIT & NUT MIX

This family-sized bag makes it easy to have fun, healthy snacks that are affordable. Made in Barbados.

Size: 1 Lb. NET WT.

GOOD TIME SNACKS

1 UNSALTED ALMONDS

Unsalted almonds are heart-healthy and full of flavour. Try them in trail mixes, candied almonds or as a quick and easy snack.

Size: 85 g. NET WT.



GOOD TIME SNACKS

2 UNSALTED CASHEWS

Filled with healthy fats, fibre and plant protein, Good Time Snacks Cashew Nuts are an ideal treat. Try them when you need a creamy, nutty flavour to help enhance your cooking and baking.

Size: 85 g. NET WT.

2





GOOD TIME SNACKS

1 CASHEW NUTS

Perfect for salads, wraps and as a base in delicious pasta sauces, these Good Time Snacks Snacks cashews are also ideal as a to-go snack. Stock up now.

Size: 32 g. NET WT.

GOOD TIME SNACKS

2 PEANUTS MANI

Fried garlic-infused peanuts are the name of the game with Peanuts Mani. This popular Asian street food is given Bajan flair with this travel-sized snack pack.

Size: 32 g. NET WT.

GOOD TIME SNACKS

3 RAISIN & NUT

This classic combo is a must-have for your pantry. Try Good Time Raisin & Nut mix as a fun topping for ice cream, cakes and many more.

Size: 32 g. NET WT.

GOOD TIME SNACKS

4 HONEY COATED PEANUTS

Roasted peanuts generously drizzled with honey are a delicious snack that the whole family can enjoy. Perfect for snack mixes, as a dessert topping and many other uses.

Size: 32 g. NET WT.





PINEHILL DAIRY

1 APPLE JUICE

Bursting with apple flavour, this juice is perfect at any time of day. 100% apple juice with no sugar added. Made from concentrate.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

2 BAJAN CHERRY JUICE DRINK

High in vitamin C and made with traditional Bajan cherries, this delicious drink is great for the whole family.

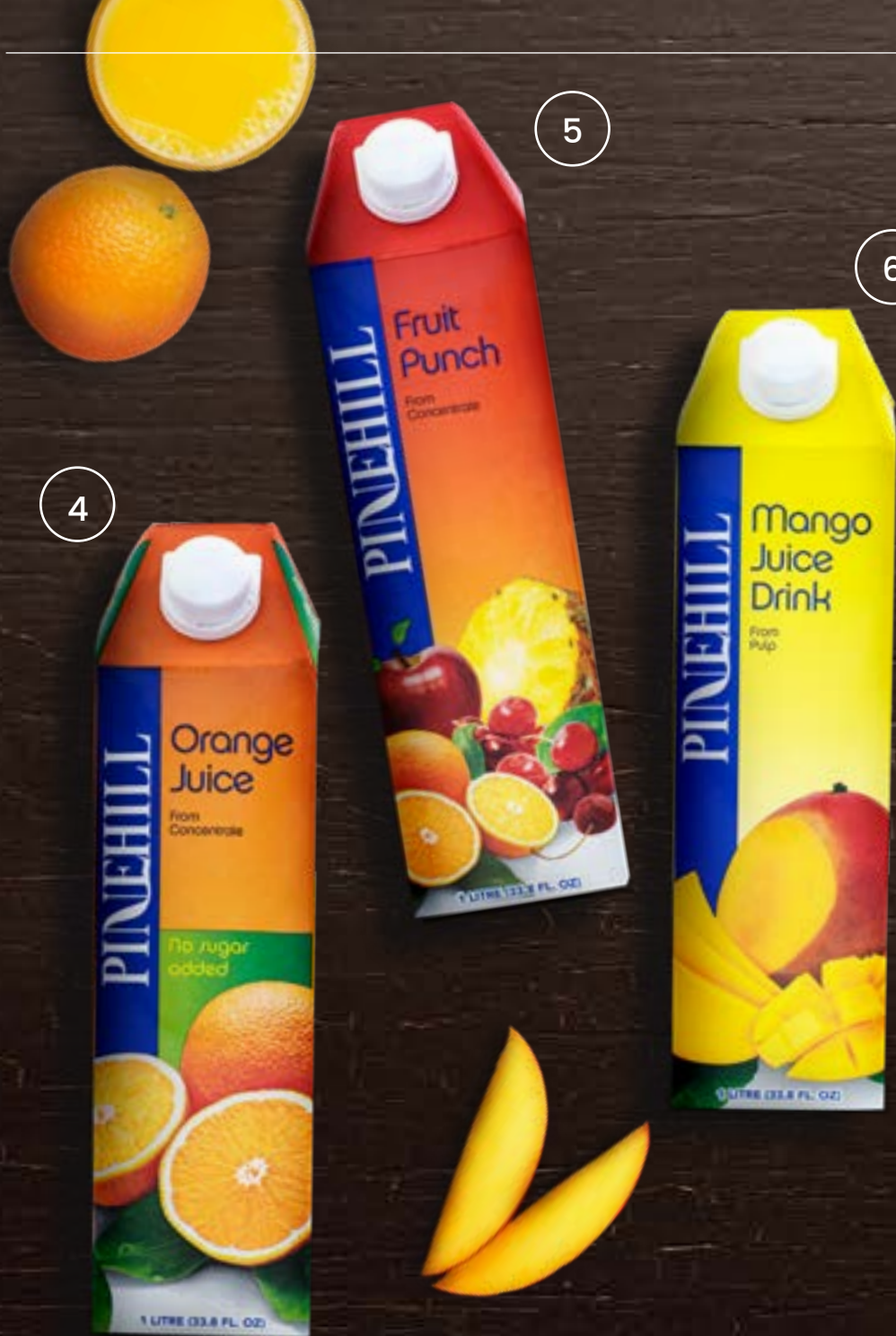
Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

3 GUAVA PINEAPPLE JUICE

Give your tastebuds a tropical treat with our Guava Pineapple Juice. The sweetness of guava and the rich tanginess of pineapple juice combine to make this incredible blend.

Size: 33.8 Fl oz. 1 L.



PINEHILL DAIRY

4 ORANGE JUICE – NO SUGAR

Enjoy orange juice without added sugar. Rich in vitamin C and big on flavour.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

5 FRUIT PUNCH

Orange, apple, grapefruit, pineapple and cherry juices are expertly blended to create a joyous fruit punch drink that's perfect at any time of day.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

6 MANGO JUICE DRINK

Mango juice drink is perfect on its own or can be blended in tropical smoothies.

Size: 33.8 Fl oz. 1 L.



PINEHILL DAIRY

7 ORANGE JUICE – SWEETENED

Enjoy sweetened orange juice over ice or add it to your favourite cocktails and smoothies. Rich in vitamin C and big on flavour.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

8 PASSION FRUIT JUICE DRINK

Serve over ice. Add to mixed or blended drinks. Passion fruit juice drink will delight your taste buds.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

9 PINEAPPLE JUICE

Sweet and tangy pineapple juice brings a burst of the tropics to your tastebuds. Enjoy it over ice or in blended drinks.

Size: 33.8 Fl oz. 1 L.



1

PINEHILL DAIRY

10 CRANBERRY COCKTAIL

This savoury cocktail treat is perfect over ice. This yummy cocktail is a mix of cranberry juice blended with apple juice and blackcurrant juice.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

1 APPLE JUICE TETRPAK

Convenient single serving apple juice. Bursting with apple flavour, this juice is perfect at any time of day. 100% apple juice with no sugar added. Made from concentrate.

Size: 8.45 Fl oz. 250 ML.

PINEHILL DAIRY

2 BAJAN CHERRY JUICE DRINK TETRPAK

On-the-go serving size for the whole family. High in vitamin C and made with traditional Bajan cherries.

Size: 8.45 Fl oz. 250 ML.

2



3

PINEHILL DAIRY

3 GUAVA PINEAPPLE JUICE TETRPAK

Enjoy this tropical treat on the go. Guava Pineapple juice delivers the best of both worlds: sweet and tangy pineapple with rich, delicious guava juice.

Size: 8.45 Fl oz. 250 ML.

PINEHILL DAIRY

4 ORANGE JUICE DRINK TETRPAK

Convenient single serving orange juice drink. A delicious juice drink that's high in vitamin C.

Size: 8.45 Fl oz. 250 ML.

4



5

PINEHILL DAIRY

5 FRUIT PUNCH TETRPAK

Orange, apple, grapefruit, pineapple and cherry juices are expertly blended to create a joyous fruit punch drink that's perfect at any time of day.

Size: 8.45 Fl oz. 250 ML.





PINEHILL DAIRY

1 MANGO JUICE DRINK TETRPAK

Travel-sized goodness on the go. Mango juice drink is perfect on its own or can be blended in tropical smoothies.

Size: 8.45 Fl oz. 250 ML.

PINEHILL DAIRY

2 PASSION FRUIT JUICE DRINK TETRPAK

Delicious passion fruit juice in a convenient single serving. This tropical drink is made with pride in Barbados and will delight your taste buds. Serve cold.

Size: 8.45 Fl oz. 250 ML.

PINEHILL DAIRY

3 BLACK CURRANT JUICE DRINK TETRPAK

Fruity and delicious black currant juice in a travel-sized serving. Great for the whole family.

Size: 8.45 Fl oz. 250 ML.



PINEHILL DAIRY

1 VANILLA FLAVOURED MILK TETRPAK

Rich, creamy vanilla-flavoured milk packed with nutrients in an easy, travel size. Perfect for lunch boxes and parties.

Size: 8.45 Fl oz. 250 ML.

PINEHILL DAIRY

2 2% REDUCED FAT LACTOSE FREE MILK

Real milk without the guilt. Reduced fat, lactose-free and packed with nutrients.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

3 2% REDUCED FAT MILK

Real milk with reduced fat and rich in nutrients. Perfect for smoothies, cereal, cooking and baking.

Size: 33.8 Fl oz. 1 L.



PINEHILL DAIRY

1 WHOLE MILK

All the goodness of 100% whole milk sourced from Barbadian cows. Free from milk substitutes and filled with nutrients.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

2 CHOCOLATE FLAVOURED MILK

Yummy whole milk and the sweet richness of chocolate create the perfect combination for our chocolate flavoured milk.

Size: 33.8 Fl oz. 1 L.

PINEHILL DAIRY

3 VANILLA FLAVOURED MILK

Rich, creamy vanilla-flavoured milk packed with nutrients. A great base for smoothies and mixed drinks.

Size: 33.8 Fl oz. 1 L.



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C & G STAR TRADING LTD

1 BAJAN MAUBY SYRUP

A refreshing Caribbean classic! Easy to make and even easier to enjoy, this mauby syrup is a must-have for a quick drink that the whole family will love.

Size: 26 oz. 750 ML.

C & G STAR TRADING LTD

2 BAJAN SORREL SYRUP

A refreshing taste of the Caribbean! Your favourite Christmas drink syrup is also delicious drizzled on cakes or ice cream as a fun exotic topping.

Sizes: 26 oz. 750 ML. | 12 oz. 375 ML.

C & G STAR TRADING LTD

3 GINGER BEER SYRUP

Perfect for cocktails, mocktails, desserts and many more. This ginger beer syrup is made with real ginger root and natural flavours.

Sizes: 26 oz. 750 ML. | 12 oz. 375 ML.



4

C & G STAR TRADING LTD

4 BAJAN TAMARIND SYRUP

Sweet and a little bit tart, this tamarind syrup is made with the best quality tamarinds. The ideal additive for marinades, salad dressings and many more.

Size: 26 oz. 750 ML.

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2



WINDMILL

1 CLASSIC MAUBY SYRUP

This mauby concentrate lets you make traditional mauby like a pro. Just add water and serve over ice for a classic old time flavour.

Size: 26 oz. 750 ML.

WINDMILL

2 SWEET & TASTY MAUBY SYRUP

Made with natural mauby bark and cane sugar, this mauby syrup gives you an exotic taste of the tropics. Sweet with a slightly bitter after taste.

Size: 26 oz. 750 ML.



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SUPERB BLEND

1 SUPERB BLEND MAUBY SYRUP

Mauby is a sweet, slightly bitter drink that's a Caribbean staple. Known for its health benefits, this convenient syrup makes it easy to enjoy. Just add water and serve cold.

Size: 26 oz. 750 ML.

SUPERB BLEND

2 SUPERB BLEND SORREL SYRUP

Sorrel petals, Barbadian sugar and our secret blend of spices are used to make this tasty drink concentrate. Sorrel syrup is also great on pancakes.

Size: 26 oz. 750 ML.



3

SUPERB BLEND

3 SUPERB BLEND GINGER SYRUP

Made with natural ginger root, cane sugar and natural flavours, this ginger syrup is easy to turn into a tasty drink. Just add one part syrup to four parts water and enjoy the flavour!

Size: 26 oz. 750 ML.



1



WYNDHAMS BAJAN COFFEE ROASTERS

1 DUPPIES GROUND COFFEE

This award-winning blend is a medium-light roast that's wild, nutty and complex. Locally blended and roasted in Barbados.

Size: NET WT. 250 g. | 8.8 oz.

2



WYNDHAMS BAJAN COFFEE ROASTERS

2 SOUP BOWL GROUND COFFEE

This round, fruity, chocolatey blend is a great pick-me-up. Locally blended and roasted in Barbados.

Size: NET WT. 250 g. | 8.8 oz.



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BANKS BREWERIES

1 BANKS BEER

A legendary Caribbean made pilsner-style lager that's known around the world. Made with only the finest ingredients and pure coral-filtered Barbadian water.

Size: 11.2 Fl oz. 330 ML. | 4.7% Alc./Vol

BANKS BREWERIES

2 TIGER MALT

This full-bodied malt drink is non-alcoholic and packed with flavour and nutrients like Riboflavin, Vitamin B6 and B12. Serve cold and enjoy.

Size: 11.2 Fl oz. 330 ML.

BANKS BREWERIES

3 TWIST SHANDY

A light infusion of our signature Banks Beer and a dash of lemon flavour makes Twist a refreshing shandy.

Size: 11.2 Fl oz. 330 ML. | 0.9% Alc./Vol



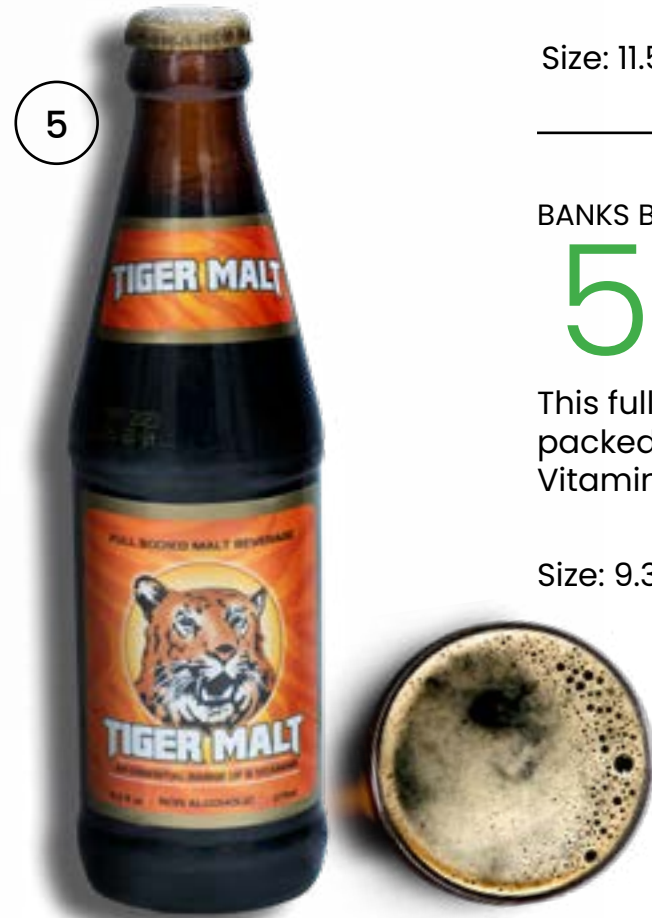
4

BANKS BREWERIES

4 PLUS POWER UP

Added glucose and fructose makes Plus Power Up a great choice for when you need a delicious, bubbly pick-me-up.

Size: 11.5 Fl oz. 340 ML.



5

BANKS BREWERIES

5 TIGER MALT

This full-bodied malt drink is non-alcoholic and packed with flavour and nutrients like Riboflavin, Vitamin B6 and B12. Serve cold and enjoy.

Size: 9.3 Fl oz. 275 ML.



6

BANKS BREWERIES

6 DEPUTY

Fruity, pale gold pilsner lager with a refreshing flavour and good body. This smooth beer is perfect for a hot day and a good time with friends.

Size: 8.5 Fl oz. 250 ML. | 4.5% Alc./Vol



CLAYTONS

1 CLAYTON'S KOLA TONIC

An exotic, non-alcoholic beverage made with the finest West African Kola nuts in beautiful Barbados. Perfect for cocktails and mocktails.

Sizes: 25.4 Fl oz. 750 ML. | 12.7 Fl oz. 375 ML.

CLAYTONS

2 CLAYTON'S KOLA TONIC & KOLA BITTERS

This dynamic duo will add a punch to your favourite cocktails. The tonic is made with Kola nuts, citrus and hops. The bitters is infused with the tonic and other fun ingredients that add an unexpected twist to your blends.

Size: 5 Fl oz. 150 ML. | 3.4 Fl oz. 100 ML. 31% Alc./Vol



MOUNT GAY RUM

1 ECLIPSE

Eclipse is the embodiment of the Mount Gay style, body and aroma by which our Master Blender, Trudiann Branker, blends every variety of Mount Gay Rum. For many rum aficionados, Eclipse is also the reference by which all rums should be measured.

Size: 700 ML | 40% Alc. by Vol.



MOUNT GAY RUM

2 SILVER

A new take on one of Mount Gay's classics, specially created by local Master Blender, Trudiann Branker. Mount Gay Silver helps keep Barbados' love for white rum paramount. Now featuring aged double distillates resulting in a smoother finish than the previous blend.

Size: 700 ML | 43% Alc. by Vol.



PENNY TRAIN

1 CAKE MIX WINE

This speciality wine was specifically curated for traditional Barbadian great cakes and heavy fruit cakes. Penny Train: continued connection to our heritage.

Size: 750 ML. | 40% Alc. by Vol.

PENNY TRAIN

2 PREMIUM RUM CREAM LIQUEUR

Rich Barbadian history comes alive in this decadent rum creme. This premium liqueur has notes of vanilla and spice that will delight your tastebuds. Penny Train: continued connection to our heritage.

Size: 750 ML. | 17% Alc. by Vol.

PENNY TRAIN

3 CHERRY BRANDY

Penny Train's cherry brandy is an ode to Barbadian households and synonymous with the island's rich history. Penny Train: continued connection to our heritage.

Size: 750 ML. | 17% Alc. by Vol.

4



COCKSPUR RUM

4 FALERNUM

COCKSPUR Falernum is the ultimate go-to Barbadian accessory for your perfect cocktail. We steep only the finest Caribbean spices and allow the enchanting flavours to marry using a time-honoured tradition that has been a Barbadian secret for over 100 years.

Size: 750 ML | 11% Alc. by Vol

5



COCKSPUR RUM

5 RUM PUNCH

COCKSPUR Rum Punch takes your taste buds on an amazing roller coaster ride: tropical juices give you the sweet, juicy taste that you love while the rum adds the great flavour that you want.

Size: 750 ML | 20% Alc. by Vol.

6



7



8



COCKSPUR RUM

6 SPLASH PINEAPPLE COCONUT

Fresh ripe pineapple greets the nose followed by a creamy layer of sweet island coconut. The premium light COCKSPUR Rum base brings everything together in sun-splashed harmony.

Size: 750 ML | 21% Alc. by Vol.

COCKSPUR RUM

7 SPLASH PASSIONFRUIT GUAVA

The fruity guava and tart passionfruit are reminiscent of ripe strawberry and pear flavours that work in beautiful harmony. Light COCKSPUR Rum brings balance and a refreshing mild rum kick to this exotic Barbados delight.

Size: 750 ML | 21% Alc. by Vol.

COCKSPUR RUM

8 SPLASH CITRUS MANGO

The sweetness of the mango balances perfectly with tart citrus giving you a tropical taffy-like finish. Light COCKSPUR Rum brings balance and a refreshing mild rum kick to this exotic Barbados delight.

Size: 750 ML | 21% Alc. by Vol.



BOP

1 BOP

Keep your home pest and bug free with BOP! This original formula kills all flying and crawling insects. Proudly made in Barbados.

Sizes: 256 g. NET Volume 400 ML. | 160 g. NET Volume 250 ML.

BOP

2 BOP EVERGREEN

This low odour formula is highly effective against all flying and crawling insects to keep your home pest and bug free. Proudly made in Barbados.

Size: 256 g. NET Volume 400 ML.

BOP

3 BOP CITRONELLA

Get serious! Get BOP! BOP Citronella Insecticide spray kills all flying and crawling insects in your home and outdoors and leaves a brightening citronella scent.

Size: 256 g. NET Volume 400 ML.



SUPER SURETOX

1 SUPER SURETOX- ALL INSECT KILLER

Super Suretox is an insect-specific insecticide range available in 250ml, 400ml and 600ml cans. Super Suretox All Insect Killer combines the power to effectively eliminate both flying and crawling insects.

Sizes: 385 g. NET Volume 600 ML. | 256 g. NET Volume 400 ML. | 160 g. NET Volume 250 ML.

SUPER SURETOX

2 SUPER SURETOX- CRAWLING INSECT KILLER

Super Suretox is an insect-specific insecticide range available in 250ml, 400ml and 600ml cans. Super Suretox Crawling Insect Killer is ideal for eliminating cockroaches, ants, centipedes and others.

Sizes: 385 g. NET Volume 600 ML. | 256 g. NET Volume 400 ML. | 160 g. NET Volume 250 ML.

SUPER SURETOX

3 SUPER SURETOX- FLYING INSECT KILLER

Super Suretox is an insect-specific insecticide range available in 250ml, 400ml and 600ml cans. Super Suretox Flying Insect Killer is perfectly designed to quickly knock down and kill flying insects including mosquitoes, houseflies, sand flies and more.

Sizes: 385 g. NET Volume 600 ML. | 256 g. NET Volume 400 ML. | 160 g. NET Volume 250 ML.



HEALTH & WELLNESS

Air Fresheners

Disinfectant Sprays

Medicine

Hand Sanitiser

Insecticides

Natural Soaps

Hair Care Products

Body Lotions & Scrubs





1



2



3



BEEP

1 DISHWASHING LIQUID- LEMON FRESH

Beep's ultra-concentrated formula means twice the cleaning power. Even your toughest messes can't escape the cleaning power of Beep.

Size: 28.7 oz. NET Volume 850 ML.

BEEP

2 DISHWASHING LIQUID- LIME ZEST

Packed with 2X more cleaning agents, Beep dishwashing liquid will give your dishes a citrusy clean you can see. Also available in Lemon Fresh and Orange Blossom scents.

Size: 28.7 oz. NET Volume 850 ML.

BEEP

3 DISHWASHING LIQUID- ORANGE BLOSSOM

Beep dishwashing liquid brings 2X the cleaning power in an ultra-concentrated liquid to help you clean your toughest kitchen messes. Proudly made in Barbados.

Size: 28.7 oz. NET Volume 850 ML.



BEEP

1 BEEP AIR FRESHENER – CAPTIVATING ORCHID

The exotic aroma of orchids will captivate you as you fill your home with this fragrant air freshener. Proudly made in Barbados.

Size: 8 oz. NET Volume 237 ML.

BEEP

2 BEEP AIR FRESHENER – RADIANT SUNSHINE

Pear, raspberry, coconut and pineapple perfumes are expertly combined to create a fruity, summer-time air freshener that will brighten every room in your home.

Size: 8 oz. NET Volume 237 ML.

BEEP

3 BEEP AIR FRESHENER – WHITE SAND BEACHES

Bring the beach to your door with Beep White Sand Beaches air freshener! Beep's Exotic Blends collection is a collective of unique tropical scents that leaves your home with an island-fresh scent.

Size: 8 oz. NET Volume 237 ML.



BEEP

4 BEEP AIR FRESHENER – FLOWERS OF PARADISE

Jasmine, bamboo, cut grass and green leaves are the top notes in this delightful air freshener. Flowers of Paradise is just one of Beep's Pure & Simple collection of refreshing scents.

Size: 8 oz. NET Volume 237 ML.

BEEP

5 BEEP AIR FRESHENER – COTTON FLOWER

Fill your home with fragrance with Beep Cotton Flower air freshener. Say goodbye to musty smells as you fill your home with sweet scents.

Size: 8 oz. NET Volume 237 ML.

BEEP

6 BEEP AIR FRESHENER – MANGO PAPAYA

The exotic fragrances of tropical fruits like mango and papaya will give your home a Caribbean flair. Mango and Papaya is just one of Beep's Pure & Simple collection of refreshing scents.

Size: 8 oz. NET Volume 237 ML.



BEEP

7 BEEP AIR FRESHENER – CALMING VANILLA

The silky smooth scents of creamy vanilla and candy floss make your home an inviting retreat with Beep's Calming Vanilla air freshener.

Size: 8 oz. NET Volume 237 ML.

BEEP

8 BEEP AIR FRESHENER – BERRY BURST

Add a berry-licious burst of fragrance to your home with Beep's Pure & Simple collection of refreshing scents. Proudly made in Barbados.

Size: 8 oz. NET Volume 237 ML.

BEEP

9 BEEP AIR FRESHENER – PIÑA COLADA

The fruity scents of coconut and pineapple pack a tropical punch whether you want to refresh your home or transform your office into an island retreat.

Size: 8 oz. NET Volume 237 ML.



BEEP

10 BEEP AIR FRESHENER – PINK LEMONADE ZING

Inspired by the cooling, zesty flavour of pink lemonade on a hot summer's day, this air freshener will invigorate your space with an aroma you'll love.

Size: 8 oz. NET Volume 237 ML.

BEEP

11 BEEP AIR FRESHENER – WATER LILY

Proudly made in Barbados, Beep's Water Lily air freshener enlivens your space with a floral freshness that you'll love.

Size: 8.45 Fl oz. 250 ML.

BEEP

12 BEEP AIR FRESHENER – OCEAN SPRAY

Enjoy the salt-tinged scent of the beautiful blue Caribbean Sea every time you use Beep's Ocean Spray air freshener. Proudly made in Barbados.

Size: 8 oz. NET Volume 237 ML.





BEEP

1 DISINFECTANT SPRAY – ORIGINAL (TRAVEL SIZE)

Beep Disinfectant Spray kills 99.9% of bacteria, mould and viruses and eliminates odours. Great for work and home.

Size: 3.4 oz. NET Volume

BEEP

2 DISINFECTANT SPRAY – ORIGINAL

Beep Disinfectant Spray kills 99.9% of bacteria, mould and viruses and eliminates odours. Great for work and home.

Size: 18 oz. 535 ML. NET Volume



BEEP

3 DISINFECTANT SPRAY – FRESH AIR

Beep Fresh Air Disinfectant Spray kills 99.9% of bacteria, mould and viruses and leaves behind a fresh scent. Great for work and home.

Size: 18 oz. 535 ML. NET Volume

BEEP

4 DISINFECTANT SPRAY – ISLAND BREEZE

Escape to the smell of the islands as you disinfect. Beep Island Breeze Disinfectant Spray kills mould, bacteria and viruses and eliminates odours.

Size: 18 oz. 535 ML. NET Volume



BEEP

5 LIQUID HAND SANITIZER – CITRUS SCENT

Kill viruses and bacteria instantly with Beep Liquid Hand Sanitizer. This powerful sanitizer has a refreshing citrus scent.

Size: 6 Fl oz. 177 ML.



CURAÇAO LABORATORIES LTD.

1 CURAÇAO LABS HANZ SANZ LAVENDER SCENT

Fight the spread of germs and bacteria with this lavender scented sanitiser. Available in convenient 4 oz and 12 oz sizes.

Sizes: 12 Fl oz. 355 ML. | 4 Fl oz. 120 ML.

CURAÇAO LABORATORIES LTD.

2 CURAÇAO LABS HANZ SANZ GRAPEFRUIT SCENT

Fight the spread of germs and bacteria with this tropical grapefruit scented sanitiser. Available in convenient 4 oz and 12 oz sizes.

Sizes: 12 Fl oz. 355 ML. | 4 Fl oz. 120 ML.



3



4



CURAÇÃO LABORATORIES LTD.

3 CURAÇÃO LABS HANZ SANZ NO SCENT

Fight the spread of germs and bacteria with this unscented sanitizer. Available in convenient 4 oz and 12 oz sizes.

Size: 4 Fl oz. 120 ML.

CURAÇÃO LABORATORIES LTD.

4 CURAÇÃO LABS SURGICAL ALCOHOL

Surgical strength alcohol perfect for your medical needs.

Sizes: 12 Fl oz. 355 ML. | 1 gal.

CURAÇÃO LABORATORIES LTD.

5 CURAÇÃO LABS RUBBING ALCOHOL

Clean and disinfect with our powerful rubbing alcohol solution. Available in a convenient spray bottle for easy application.

Sizes: 12 Fl oz. 355 ML. | 1 gal.

5



6



CURAÇÃO LABORATORIES LTD.

6 ALCOLADO GLACIAL

Since 1948, this refreshing mentholated splash lotion has been known for its refreshing cooling effect. Alcolado Glacial's secret combination of high quality ingredients can also help to relieve aches and pains, and relieve congestion.

Sizes: 4.2 Fl oz. 125 ML. | 8.45 Fl oz. 250 ML.





CARLISLE LABORATORIES LTD.

1 DICA ANTACID LIQUID & TABLETS

Relieve upset stomach, acid indigestion and heartburn with Dica. Say goodbye to excess gas that causes belching, bloating and gut discomfort.

Sizes: 350 ML | 48 Tablets

CARLISLE LABORATORIES LTD.

2 BECOPLEX SYRUP

Enhance physical and mental performance with Becoplex. Vitamin B complex with added vitamin C provides important building blocks to keep you in good health.

Size: 125 ML.

CARLISLE LABORATORIES LTD.

3 BECOPLEX CAPSULES

Enhance physical and mental performance with Becoplex in capsule form. Vitamin B complex with added vitamin C provides important building blocks to keep you in good health.

Size: 30 Capsules



CARLISLE LABORATORIES LTD.

4 KETOZAL ANTI-DANDRUFF SHAMPOO

Embarrassing flakes and itching from dandruff can be a thing of the past. Ketozal Shampoo is a gentle, effective solution. Also great for the treatment of tinea versicolor and other skin infections.

Sizes: 125 ML. | 250 ML.

CARLISLE LABORATORIES LTD.

5 VITAPLEX

This multivitamin is great for immune support with the right balance of vitamins and minerals. Suitable for kids to seniors.

Size: 250 ML.

CARLISLE LABORATORIES LTD.

6 KETOZAL TOPICAL CREAM

This broad spectrum cream treats many anti-fungal infections such as athlete's foot, rashes, jock itch and many more.

Size: 45 g.

CARLISLE LABORATORIES LTD.

7 HISTAL DM

This non-drowsy cough suppressant helps you to control coughing and break up chest congestion for up to 8 hours. Sucrose free and made in Barbados.

Size: 125 ML.

CARLISLE LABORATORIES LTD.

8 HISTAL EX

This sucrose-free formula is ideal for coughs, colds and bronchial conditions. Proudly made in Barbados.

Size: 125 ML.

CARLISLE LABORATORIES LTD.

9 HISTAL DC

For rapid relief of nasal congestion, sneezing, itchy eyes and more. Histal decongestant and antihistamine syrup also helps to fight the symptoms of cold and allergies in adults and children.

Size: 125 ML.





BODY BY ROSE

1 ROSE GOLD HAND & BODY WASH

Feel fresh and clean with this gentle moisturising hand and body wash. The rich lathering wash is perfect for daily use.

Size: NET WT. 8 oz.

BODY BY ROSE

2 PINEAPPLE PAPAYA BODY POLISH SOUFFLÉ

This best-selling body polish features turmeric and other essential oils that fight acne and lightens blemishes to produce radiant skin.

Size: NET WT. 8 oz.

BODY BY ROSE

3 RENEW CLAY FACIAL MASK

Fight ageing, improve skin tone and reduce excess oil with the Body By Rose Renew Clay Facial Mask. Handmade with French Green Clay in Barbados.

Size: NET WT. 2 oz.



4

BODY BY ROSE

4 PINEAPPLE PAPAYA BODY BUTTER

These body butters are perfect for dry skin. Formulated with simple yet powerful ingredients that provide moisture while reducing the appearance of marks and scars.

Size: NET WT. 8 oz.



5

BODY BY ROSE

5 RASPBERRY VANILLA BODY BUTTER

These body butters are perfect for dry skin. Formulated with simple yet powerful ingredients that provide moisture while reducing the appearance of marks and scars.

Size: NET WT. 8 oz.



6

BODY BY ROSE

6 NIGHTTIME ROSE FACIAL SERUM

Nourishing oils create a rich non-greasy serum that penetrates your skin to even out skin tone and reduce blemishes while you sleep.

Size: NET WT. 2 oz.

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BODY BY ROSE

7 MELANIN FACIAL CLEANSER

Cleanse and exfoliate skin with this powerful, yet gentle facial cleanser. Great for fighting breakouts and lightening dark spots.

Sizes: NET WT. 8 oz. | 4 oz.

BODY BY ROSE

8 JUST GLOW UP FACIAL CLEANSER

Turmeric, kojic acid and vitamin E are key ingredients in this hydrating facial cleanser that leaves you with glowing, dewy skin. Made in Barbados.

Sizes: NET WT. 8 oz. | 4 oz.

BODY BY ROSE

9 PINEAPPLE PAPAYA BODY OIL

Restore your skin's elasticity and even out your skin tone with this non-greasy body oil that smells amazing. Great for any skin care routine.

Size: 4 oz.



BODY BY ROSE

10 PEACH AHA FACIAL CLEANSER

Alpha Hydroxy Acids and a yummy peach Prosecco scent make this an indulgent and powerful facial cleanser. Handcrafted in beautiful Barbados.

Sizes: NET WT. 8 oz. | 4 oz.

BODY BY ROSE

11 BLACK RASPBERRY VANILLA BODY LOTION

These small-batch, long-lasting, scented lotions are made with shea butter to leave you with nourished skin. These rich and cosy scents are carefully crafted to make your skin glow.

Sizes: NET WT. 8 oz. | 4 oz.



HEALTHY KINKS BOTANICALS

1 BERRY BANANA MOISTURE MY WAY LEAVE-IN CONDITIONER

This lightweight formula has amazing slip and smells great. Specially created for kinky/coily hair and handcrafted in Barbados.

Size: 8 Fl oz. 237 ML.

HEALTHY KINKS BOTANICALS

2 BERRY BANANA MOISTURE MY WAY CONDITIONER

This moisture-rich, lightweight conditioner leaves hair soft, shiny and tangle-free. Specially created for kinky/coily hair and handcrafted in Barbados.

Size: 8 Fl oz. 237 ML.

HEALTHY KINKS BOTANICALS

3 DEEP CONDITIONING TREATMENT

Treat your hair to the moisture it craves with this strengthening deep conditioning treatment. Specially created for kinky/coily hair and handcrafted in Barbados.

Size: NET WT. 9 oz. | 255 g

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HEALTHY KINKS BOTANICALS

4 BERRY BANANA MOISTURE MY WAY SHAMPOO

Get rid of build-up and excess oil with this gentle sulfate-free shampoo. Specially created for kinky/coily hair and handcrafted in Barbados.

Size: 8 Fl oz. 237 ML.

HEALTHY KINKS BOTANICALS

5 BERRY BANANA SHINE & SEAL POMADE

Emollient-rich plant oils and vegetable wax gives this pomade an incredible lightweight, silky feel. Perfect for blow outs, flat irons or silk presses.

Size: NET WT. 4 oz. | 113 g



LUXURY

Rum



Vodka





1



MOUNT GAY RUM

1 BLACK BARREL

Rich, complex, yet smooth and round. Crafted from a blend of intense and aromatic rums and finished in deeply charred bourbon casks.

Size: 700 ML | 43% Alc. by Vol.

2



MOUNT GAY RUM

2 XO

A small-batch blend of carefully selected mature rums, matured in American whiskey, bourbon & cognac casks. A beautifully round and complex liquid.

Size: 700 ML | 43% Alc. by Vol.



KATSPRADDLE

KATSPRADDLE VODKA

Handcrafted alcohol, straightforward and authentically Barbadian. Native sweet potatoes bring earthy tones and rich complexity to Katspraddle vodka.

Size: 800 ML. | 40% Alc. by Vol.





1



DOORLY'S

1 AGED 14 YEARS FINE RUM

Chocolate-y richness and tropical dried fruits are the notes that make this 14 year old rum a favourite of rum drinkers the world over.

Size: 70 cl | 48% Alc./Vol.

2



DOORLY'S

2 AGED 12 YEARS FINE RUM

Aged in small American white oak casks for a full 12 years, Doorly's 12 year old rum has a complex character with a delicate aroma that can come only from time. The perfect sipping rum.

Size: 70 cl | 43% Alc./Vol.

3



DOORLY'S

3 X.O FINE RUM

Produced in Barbados, the rums in Doorly's X.O have been aged a minimum of 6 years before finishing the ageing process in Oloroso sherry casks. The second maturation in sherry casks is rare and gives Doorly's X.O its unique flavour.

Size: 70 cl | 43% Alc./Vol.

DOORLY'S

4 2009 SINGLE BLENDED RUM

Crafted using our unique blends of aged column and pot still rums, Doorly's Single Blended Rum is an enjoyable sipping spirit. Serve it on the rocks or with your favourite chaser.

Size: 70 cl | 60% Alc. by Vol.

4



5



DOORLY'S

5 AGED 5 YEARS FINE RUM

Doorly's 5 year old rum is a classic spirit, aged in American white oak casks, which results in the soft, gentle nose, deep colour and depth of character of a great rum.

Size: 1.75 L | 40% Alc. by Vol.

6



DOORLY'S

6 SOVEREIGNTY SINGLE BLENDED RUM

This exceptional cask selection blend has a distinct flavour due to its dual distillation in both pot and column stills. Well aged in bourbon and sherry casks, Doorly's Sovereignty offers unparalleled sipping satisfaction.

Size: 750 ML | 62% Alc. by Vol | 124 PROOF



PLANTATION RUM

1 PLANTATION XO

This award-winning rum is first aged in bourbon casks in Barbados for many years, then sailed across the ocean in barrels to the southwest of France to be further matured in small Ferrand French oak casks.

Size: 750 ML | 40% Alc. by Vol.

2



PLANTATION RUM

2 PLANTATION GRAND RÉSERVE

Grande Réserve is a blend of different rums from Barbados, matured in Bourbon casks in the Caribbean and then for one year in southwest France, in old French oak barrels.

Size: 750 ML | 40% Alc. by Vol.

3



PLANTATION RUM

3 AGED 5 YEARS FINE RUM

This subtle and tropical Barbadian style rum is excellent for aperitifs or classic cocktails like the Mai Tai. Its flavour is derived from its gentle ageing in American and Ferrand French oak casks.

Size: 750 ML | 40% Alc. by Vol.

4



PLANTATION RUM

4 PLANTATION CUT & DRY

Plantation Cut & Dry is made in Barbados by talented rum-makers and farmers with the simple equation of one coconut per litre of rum. Mr Nicholls has dedicated hundreds of coconut trees tended with love and passion to produce this delicious coconut-infused rum.

Size: 750 ML | 40% Alc. by Vol.





1



3



2

COCKSPUR RUM

1 FINE RUM

This wonderful amber rum is the perfect marriage of smooth and sweet. COCKSPUR Fine rum is a gently aged rum that starts off with a distinct brown sugar taste, then develops into a smooth, round, buttery blend that leaves a warm, spicy oak taste on the palate.

Size: 70 cL | 37.5% Alc. by Vol

COCKSPUR RUM

2 OLD GOLD

This beautiful, dark-golden rum is characterised by its sweet, silky, smooth flavor that leaves a wonderful oak taste on the palate.

Size: 70 cL | 43% Alc. by Vol

COCKSPUR RUM

3 XO

Cockspur XO has a rich, dark palate that begins with syrup and dried fruit before you taste the notes of chocolate and charcoal. The finish is marmalade with hints of nutmeg.

Size: 70 cL | 43% Alc. by Vol



1



2



STADE'S

1 STADE'S BOND NO. 8 RUM

Over 125 years ago, George Stade dreamed of making the world's best rum.

Today, our rum is crafted in the same beachfront distillery and mellowed by the sea, steps away from the gentle surf.

Size: 750 ML. | 43% Alc. by Vol.

STADE'S

2 STADE'S BEACH VAT NO. 1

Tropical flavours of green mango and melon are paired with spicy notes of dark chocolate to create Stade's Beach Vat No. 1. Graceful enough to make it the right choice for your favourite cocktail.

Size: 350 ML. | 43% Alc. by Vol.

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